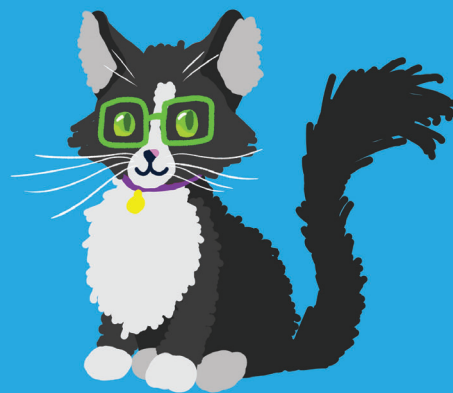


Truffles the Kitty's



List of Fun Outdoor Activities!



Blow Bubbles!
and chase them down!



Be a bug scavenger!
(I LOVE bugs!)



Fly a Kite!
(Kites remind me of birds!)



Play Hide and Seek!
with your favorite
stuffed animal!

Studies published by the National Library of Medicine have found that spending more time outdoors help with the prevention and progression of myopia.

Scan the QR code to learn more:





Go For a Walk!
(I love prancing around on my leash!)



Have an Outdoor Ice Cream Party!
(TREATS!!!)



Play a Game of "I Spy"!
(I spy something tasty!)



Make a Family Chalk Drawing!
(I want to get my paws all over this!)



Make a big splash!
Go swimming or make a water slide!



Be a Helper!
(It's a great way to make furriends!)