

# WHAT IS DENSE AMBLYOPIA?

Dense amblyopia—sometimes called severe amblyopia—is when one eye has very poor visual development. Patching therapy is often recommended



## Gentle Encouragement, Not Pressure

### ♥ What Parents Should Know

In the early days of patching for dense amblyopia, your child may be working functionally blind.

That means they may not see well enough to walk confidently, play safely, or recognize faces while patched.

☞ This isn't just a visual challenge—it's an **emotional** one. Your child may feel scared, frustrated, or unsure. They'll need your presence and reassurance more than ever.

✨ Let them know:

**"I'm right here with you. I'll help you. You are safe."**

Sit close. Offer your hand. Narrate what's happening. Create a calm, secure environment—because emotional safety supports visual success.



# Practical Tips for Patch Time

- **Start small. 15–30 minutes is okay at first! Build up as your child adjusts.**
- **Stay engaged. Do close-up activities together: coloring, puzzles, looking at picture books, sticker rewards, etc.**
- **Use visual encouragement. Try sticker charts or apps like Patching with Truffles for motivation.**
- **Praise effort. Celebrate attempts, not perfection—especially in the early days.**



## The Goal: Reconnect the Brain and Eye

**This is not just about “fixing” the eye—it’s about retraining the brain to use it again. Progress may be slow, but even small changes can make a big difference in your child’s ability to see and interact with their world.**

 **Dense amblyopia is tough—but your support makes it possible.**